

# Sinzinani Spa

## Treatment Menu

### 2018

#### Massage and Body Experience

Warm Oil Massage (Full)	60min	R 550
Warm Oil Massage (back)	30min	R 360
Heated Stone Massage (full)	90min	R 650
Heated Stone Massage (back)	45min	R 450
Soul of Africa Conditioning Body Massage (full)	90min	R 800
Aromatherapy Full Body Massage	75min	R 600
Aromatherapy Back Massage	45min	R 400
Intonga Amasatchi Deep Tissue Massage (full)	75min	R 700
Neck, Shoulder and Scalp	30min	R 300

#### Body Rituals

Full Body exfoliation & wrap	60min	R 500
Back exfoliation & wrap	45min	R 300

#### Facials

Velocity Skin Treatment (Express)	30min	R 350
Heavenly Journey Skin Treatment	40min	R 450
Timeless Skin Treatment (Deep cleanse/anti-ageing)	60min	R 570
Sensational Skin Treatment	90min	R 750
Eyes like Diamonds Treatment	30min	R 220

#### VI Peels

Glyco Blend	R 500
Glycolic Acid 35%	R 500
Lactic Acid 35%	R 500
Lactic Blend	R 500
Might Modified Jessner	R 500
Mandelic 30%	R 500
Modified Jessner	R 500
Salysilic Peel	R 650
Vi Medical Peel	R 3000

### Hand and Foot Treatments

Pamper Hand Massage	30min	R 170
Pamper Foot Massage	30min	R 170
Standard Pedicure	60min	R 290
Standard Manicure	60min	R 270
Copper and Hot Stone Pedicure	80min	R 380
Copper and Hot Stone Manicure	60min	R 360
African Potato Pedicure	80min	R 380
African Potato Manicure	60min	R 360
Medi Heel Foot Treatment	45min	R 200
Medi Pedicure Treatment with paint	90min	R 400

### Luxury Packages

Sinzinani Pampering Spa Package 180min R 1250

Aromatherapy Full Body Massage  
Express Facial  
Pampering Hand Massage  
Pampering Foot Massage

Exclusive Body Experience 330min R 2350

Full Body Exfoliation  
Nourishing Body Wrap  
Warm Oil Full Body Massage  
Timeless Facial  
Standard Manicure  
Standard Pedicure

*Includes meal voucher to the value of R 200*

Group Package (group of 5 or more) 255min R 1800pp

Aromatherapy Full Body Massage  
Timeless Facial  
Standard Manicure  
Standard Pedicure  
Includes meal Voucher to the value of R 200

Express Package 120min R 800

Velocity Express Facial  
Warm Oil Back, Neck and Shoulder Massage  
Pamper Hand Massage  
Pamper Foot Massage

Sinzinani Body Experience 120min R 1200

Full Body Exfoliation  
Full Body Wrap  
Scalp Massage  
Warm Oil Full Body Massage

Couples Devotion Journey (per couple) 75min R 1600

Aromatherapy Full Body Massage  
*Couples Meal Voucher*

Hot stone Heaven Package 300min R 2100

Hot Stone Full Body  
Timeless Facial  
Eyes like Diamond Treatment  
Copper and Hot Stone Pedicure  
Copper and Hot Stone Manicure

*Add on a Meal Voucher*

**Sinzinani Spa Kids Spa (5yrs – 12yrs ) AFRICOLOGY**

Choco Boo Package Hand and Foot Treatments 60min R 250

Coconut Cocoon Relaxing Full Body Massage 45min R 300

Fairy Stone Massage 45min R 300

Sleepy Feet Massage 20min R 150

Little Bee Facial 20min R 200

## Healing Massage Packages

### Refreshing Package

90min R 850

Assists with Easing Stress, uplifts and focuses the mind

Express Facial

Foot Cleanse with Warm Foot Wrap

60 min Revitalising Full Body Massage

### Aches & Pains Package

90min R 850

Helps ease muscular, nerve, arthritis, stiffness, pain as well as sport injuries and poor circulation

Reflexology points to ease the muscular tension

Lymph Drainage on legs and arms

60min Deep Tissue Full Body Massage

### Relaxing Package

90min R 850

Relaxes the Body and Mind and assists to alleviate depression. Recommended for anyone who has a busy schedule

Relaxing Foot Cleanse, Exfoliation and Massage

Face Massage

Head & Scalp

Hot Stone Back, Neck and Shoulder Massage including Shiatsu pressure points

Body Stretches

### Calming Package

90min R 850

Promotes Restful Sleep, reduces stress, calms nerves, relaxes body and soothes the mind. Assists with insomnia. Perfect for finding inner peace.

Back, Neck, Hand and Foot exfoliation

Hand and Foot Massage

Back, Neck and Shoulder Massage

Pressure point Face Massage

### Sleepwell Package

90min R 850

Perfect Package and product for a busy mind and insomnia

Head and Scalp Massage

Foot cleanse, Exfoliation and Massage

60min Sleepwell Full Body Massage

### Anti Stress Package

90min R 850

Helps with reducing nervous tension, excess energy and anxiety

Hot Stone Express Full Body Massage

Mini Hot Stone Hand and Foot Massage

### **Mama Mio Spa Treatments**

<u>Mellow Mama</u>	60min	R 650
Mother to be Full Body Massage with Omega Rich Oils		
<u>Mini Mellow Mama</u>	30min	R 400
Mother to be Upper Body Massage (back)		