



SIN ZANANI
SPA
BESPOKE WELLNESS



SIN ZANANI
SPA
BESPOKE WELLNESS

TREATMENT MENU



WELL

SINZINANI SPA OFFERS A
WORLD CLASS EXPERIENCE
THAT WILL RELAX, RESTORE
AND REJUVENATE YOUR
BODY, MIND AND SOUL.



ABOUT US

Sinzinani Spa is a Unique Urban Sanctuary that offers an experience through luxurious individual treatments and spa packages. Sinzinani Spa is nestled between the Klipriviersberg Mountain Range and is set inside the true African bush setting of the magnificent, award winning, four-star Thaba Eco Hotel. Sinzinani Spa offers a world class experience that will relax, restore and rejuvenate your body, mind and soul. For an out of Africa, in the City luxury pampering spa experience, discover a place where relaxation and stress reduction is a way of life !



FOR AN OUT OF AFRICA,
IN THE CITY LUXURY PAMPERING SPA
EXPERIENCE, DISCOVER A PLACE
WHERE RELAXATION
AND STRESS REDUCTION IS
A WAY OF LIFE!



CONTENT

Massage Experiences	1
Sinzinani Signature Spa Treatments	5
Bespoke Healing Massage Packages	6
Facial Skincare	7
Lamelle Facials	8
Spa Packages	10
Signature Hands & Foot	12
Sinzinani Nail Bar	13
Terms & conditions	15
Cancellation Policy	16



MASSAGE EXPERIENCES

HERBAL OIL MASSAGE

30 min back massage	R 490
45 min back massage	R 520
60 min full body massage	R 790
90 min full body massage	R 900

Using a warm pre-blended oil that is massaged deeply into your body, creating a sense of relief for tension and aching bodies. This quality massage will work on stress areas and tight, tired muscles.

CBD OIL MASSAGE

30 min back massage	R 550
45 min back massage	R 650
60 min full body massage	R 820
90 min full body massage	R 1050



HOT STONE MASSAGE

30 min back massage	R 500
45 min back massage	R 590
60 min massage	R 820
90 min massage	R 940

Using perfectly warmed stones to apply additional deep tissue pressure, this combination assists in releasing the stress in the back and/or full body.

REVITALISING MAGNESIUM MASSAGE

60 min full body massage	R 840
90 min Full Body Massage	R 990

Magnesium has many benefits that assist with relieving chronic pain, fatigue, and insomnia. Choose between a 60-minute deep tissue Magnesium massage which induces a state of calm or a 90-minute treatment which includes a back wrap that penetrates deep into the muscular system. You can only leave feeling ready to take on the world.



AROMATHERAPY MASSAGE

30 min back massage	R 500
45 min back massage	R 590
60 min massage	R 820
90 min massage	R 990

DEEP TISSUE MASSAGE

45 min Back Massage	R 650
75 min Full Body Massage	R 900
Add on Intonga Wooden Sticks	R 150

RELAXING SCALP AND LEG MASSAGE

(Ideal for all travellers road or flight)

45 min	R 550
--------	--------------

This treatment works on the head, legs (including wrap) and feet which aids a relaxing response to areas which are often neglected. This treatment includes pressure points and express release of stress accumulated in these areas.



PREGNANCY MASSAGE

(suitable from 2nd trimester only)

Back Massage (45 min) **R 530**

Full Body Massage (60 min) **R 820**

This massage nourishes your skin and soothe the soul.

ADD ON :

Back Exfoliation **R 280**

Full Body Exfoliation **R 400**

Back Wrap **R 280**

Full Body Wrap **R 400**



SINZINANI SIGNATURE SPA TREATMENTS

BESPOKE BOTANICAL BODY JOURNEY

90 min

R 1050

Bespoke Body Treatments, selected by you on your spa day. Treatments include :
Upon arrival, you will be requested to choose from a selection of Kalahari body exfoliants and massage medium. Unveil your smooth skin with a personalised blend of the desired Kalahari Exfoliation Medium and a hydrating blend of nourishing botanical oils. Buff away dry dull skin, wrap to nourish, and reveal your unique desert glow. This journey includes back, hand, and feet exfoliation, back wrap, and full body massage.



BESPOKE HEALING MASSAGE PACKAGES

90 min

R 1200

Upon arrival, choose the Ocean Therapy aroma blends that resonates with your soul. Each product is uniquely made up just for your pampering experience.

The Massage Experience includes a Signature Sinzinani Opening and closing touch, a beautiful head & scalp ritual followed by a relaxing full body massage including pressure points.

You will be requested to choose from the following :

Anti Stress | Aches & Pains | Healing | Relaxing



FACIAL SKINCARE

KALAHARI FACIALS

Express Honeybush Facial	45 min	R 470
Classic Facial	60 min	R 550
Revitalising Pamper Facial	60 min	R 650
Problematic Skin	45 min	R 650
Anti – Ageing Facial	60 min	R 650



LAMELLE FACIALS

DRY AND SENSITIVE SKIN

R 700 pp

Essentials Hydrating and Calming Treatment (90min)

This Essential treatment is a luxurious, comfortable facial-like treatment that is formulated to calm irritated skin and overturn tight and dry feeling skin. Includes a relaxing face, décolleté, neck and arm massage

HYPER PIGMENTATION

R 700 pp

Beta Peel (30 min)

To treat hyperpigmentation, you need to move the cells that contain the pigment, while also decreasing the amount of pigmentation produced. Beta Peels are the preferred peel used to increase cell shedding, and combined with home care products, which inhibit pigmentation production.

AGEING SKIN

R 850 pp

Essentials Age-Prevention Treatment (90 min)

This Essential facial-like treatment is a luxurious treatment that includes light enzymatic exfoliation that is combined with anti-ageing ingredients in the Skin Alchemy Concentrate and Antioxidant loading mask. Includes a relaxing face, décolleté, neck and arm massage.



PROBLEMATIC SKIN

R 850 pp

Essentials Deep Cleanse or Purity Treatment (60 min)

This treatment follows the steps of a luxury facial that includes light enzymatic exfoliation, extraction of congested skin, and application of personalised concentrate serum and a choice of masks.



SPA PACKAGES

At Sinzinani Spa our main objective is to offer you an experience that allows you to escape from your stress. Enjoying quality time with nature and stillness within yourself, will allow you to continue to become the significant human that you are. Spoil yourself with a package that speaks to you. All Packages are applicable to couples and groups respectively.

SINZINANI EXPRESS PACKAGE

120 min

R 1350 pp

This package is a combination of treatments that allows your body to heal in all aspects. It includes a Rejuvenating Express Facial, Deep Hydrating Back Massage, and a Soft Hand & Foot Exfoliation and Massage. Perfect for a quick escape to assist you with a stressful life.

SINZINANI PAMPERING ESCAPE PACKAGE

180 min

R 1800 pp

A Half-escape treating all the areas of stress and tension carried within the body. This package includes an Aromatherapy Full Body Massage, Pampering Facial and Pampering Hand and Foot Treatments.



TIP TO TOE PAMPERING EXPERIENCE

240 min

R 2300 pp

This package allows more time for therapy and stillness with the soul. It reveals the importance of soul and body rejuvenation. Enjoy on your own, as a couple, or as a group. The Tip to Toe Experience includes Back Exfoliation, 60min Full Body Massage, Classic Facial, Standard Manicure and Pedicure.



HAND AND FOOT

Anti Aging Hotstone Treatment

Manicure 75 min

R 440

Pedicure 80 min

R 480

This unique African ritual allows your feet to find balance and nurturing in a foot soak, followed by a warm massage of your arms and hands or legs and feet. A Sea silk mask softens the hard tough skin and melts into the skin allowing rich elements to work on these important parts of the body. The treatment includes a shoulder massage .



SINZINANI NAIL BAR

Pamper Hand Treatment	R 300
Pamper Foot Treatment	R 300
Standard Manicure	R 340
Standard Pedicure	R 360
Medi Heel Pedicure	R 550
Medi Heel Treatment Only	R 275

Gel Overlays

Gelish Hands	R 330
Gelish Feet	R 340
Full Gelish Manicure	R 460
Full Gelish Pedicure	R 480

Acrylic

Tips with Gelish	R 500
------------------	--------------



ADD ON SERVICES

Nail Art per nail	R 50
Acrylic/tip replacement	R 60
Buff and Shape Only	R 120
Polish Only	R 120
Soak Off Gel	R 70
Soak Off Acrylic	R 150
IBX treatment	R 150



TERMS AND CONDITIONS

- Your Spa booking is only confirmed once proof of payment is provided or an EFT transfer is done.
- It is standard Spa procedure to complete a client card prior to your treatment commencing.
- Please ensure that you mention if you are pregnant, have any allergies, or if there are any medical conditions that we need to be made aware of.
- Product purchases are not refundable.
- Products cannot be purchased using vouchers
- We request that you arrive 15 to 30 minutes prior to your treatment starting.
- You will be required to check into the Spa and fill in a client card.
- We request that you be punctual, should you arrive late, it will result in your treatment time being cut with a full fee charged and no refund will be issued.
- We request that Cellular phones be kept off during the treatment and in all the relaxation areas.
- We strongly suggest that no alcohol be consumed prior to or during your treatment.
- Sinzinani Spa cannot be held liable for any theft, damage, loss, or misfortune that may occur.
- No children under 4 years allowed
- Only Spa guests are allowed in relaxation areas. Should there be non-spa guests accompanying you, they are more than welcome to relax at Kraal Restaurant or E-Bar.
- The gowns that are provided are for Spa use only and may not be taken home. Should you wish to purchase a gown, please inform staff when making your booking.
- Clients must book 2 - 3 weeks in advance for a weekend and/or public holiday.



CANCELLATION POLICY

We require a 24-hour notice period in writing for cancellations and rescheduling of your spa treatment. If a treatment is not cancelled 24-hours prior, the full treatment fee will apply and we reserve the right to charge your credit card/redeem your voucher accordingly. We cannot issue a voucher in lieu of a cancellation whereby the policy has not been adhered to.



THABA ECO HOTEL, 46 IMPALA ROAD, KIBLER PARK, GAUTENG

TEL: +27 11 959 0712 | CEL: 074 380 2177

EMAIL: BOOKINGS@SINZINANISPA.CO.ZA

WWW.SINZINANISPA.CO.ZA